

# A Spiritual Self-Examination (Side A)

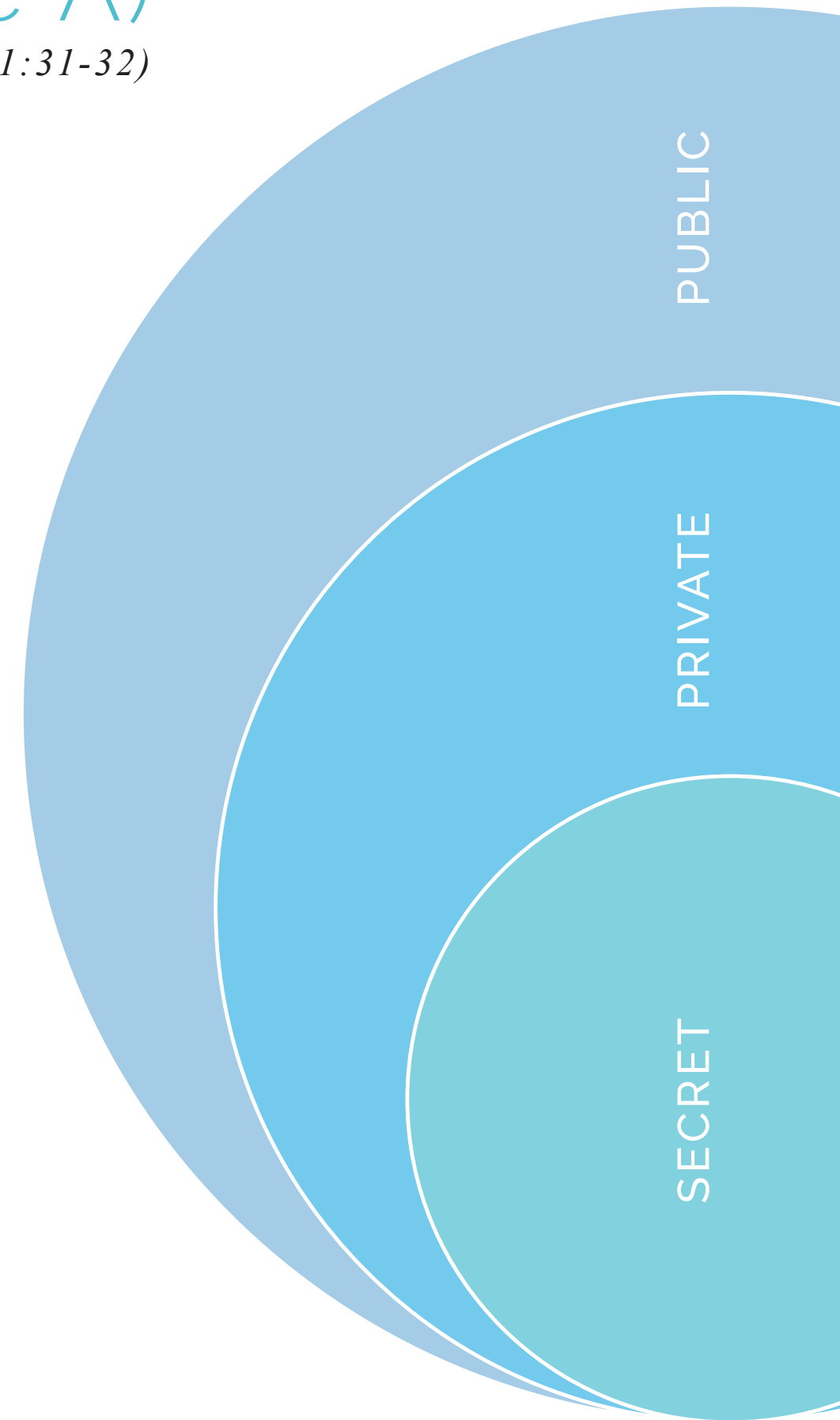
HOW TO BECOME MORE OF A GODLY MAN OR VIRTUOUS WOMAN (1 Corinthians 11:31-32)

## Am I A Godly Man?

MY SECRET LIFE	
1. Am I submitted to Christ?	MATTHEW 7:24-27, MICAH 6:8, 1 CORINTHIANS 11:3, 1 PETER 5:6
2. Do I cherish my wife?	EPHESIANS 5:28-29
3. Do I give my wife the benefit of the doubt?	PROVERBS 31:11
4. Do I study the scriptures regularly?	1 TIMOTHY 4:13, 15-16
5. Am I morally upright?	GALATIANS 5:19-26, 1 TIMOTHY 5:24-25, 2 PETER 2:20
6. Do I trust in God instead of mammon? (Do I trust in God more than what I can accomplish with my hands or conceive in my mind?)	1 CHRONICLES 28:9, PROVERBS 28:22, 26, JEREMIAH 9:23-24, LUKE 16:13
7. Do I treat the younger brethren with a measure of contempt? (Rather than helping them "come into their own" and become spiritually strong?)	MATTHEW 18:10
8. Is my character being transformed by the intentional renewing of my mind?	ROMANS 12:2
9. Is my New Creature in charge of my flesh?	GALATIANS 5:16-17
10. Have I identified and activated my unique spiritual gifts?	ROMANS 12:6, EPHESIANS 4:7-12, 1 TIMOTHY 4:14
11. Do I resist the lust of the eyes, the lust of the flesh and the pride of life?	1 JOHN 2:15-17
12. In my heart, is there a desire for vengeance when I am wronged?	ROMANS 12:19-21

## Am I A Virtuous Woman?

MY SECRET LIFE	
29. Do I have a sustained desire to serve, please and honor God?	LUKE 1:30, 46-55, TITUS 2:7, 11-13
30. Do I reverence my husband?	EPHESIANS 5:33, 1 PETER 3:1
31. Do I waste time doing or thinking about things that are worthless?	PROVERBS 31:27, 1 TIMOTHY 3:11
32. Do I carefully plan for my future spiritual growth?	PROVERBS 31:15-16
33. Do I organize my temporal life in a way that reverences God?	LUKE 16:13, 24:22-23
34. Do I work to eliminate temptations and distractions in my life?	MATTHEW 18:8-9
35. Am I reaping the righteous fruit of my labors?	PSALM 1:1-6, JEREMIAH 17:10
36. Have I identified and activated my unique spiritual gifts?	EPHESIANS 4:7-12



# A Spiritual Self-Examination (Side B)

HOW TO BECOME MORE OF A GODLY MAN OR VIRTUOUS WOMAN (1 Corinthians 11:31-32)

## Am I A Godly Man?

MY PRIVATE LIFE	
13. When others speak ill of me (or of my spouse), is my pride hurt?	MATTHEW 5:10-12
14. Am I demonstrating visible signs of sacrifice?	MATTHEW 16:24-26
15. Am I established in my own faith or am I following the faith of another?	JOHN 12:42-43, 2 TIMOTHY 4:1-5
16. Do I provide things needful in my home to my wife and children?	ROMANS 12:17, 1 TIMOTHY 5:8
17. Do I relate to my wife according to knowledge as well as with kindly emotions?	1 PETER 3:7
18. Does my care for my family's temporal and spiritual well-being today and my plans for their future emulate our Lord's care for the Church?	DEUTERONOMY 11:18-28, 1 TIMOTHY 3:1-7
19. Do I fend-off the spirit of the world in our home?	1 TIMOTHY 3:3-5, 1 PETER 5:8
MY PUBLIC LIFE	
20. Do I exhort (strengthen by comfort) from the scriptures?	1 TIMOTHY 4:13
21. Am I an example of the believers in: word, behavior, love, spirit, faith and purity?	1 TIMOTHY 4:12, ACTS 6:3
22. Does my life manifest the fruit of obedience to God and His holy scriptures?	LUKE 7:35
23. Do the godly people in my community speak well of me?	PROVERBS 31:23, 1 TIMOTHY 3:7, 1 PETER 2:12
24. Am I a mentor to both the younger and the older brethren?	1 TIMOTHY 1:1-5
25. Am I leading people to Christ?	MATTHEW 5:14-16, ACTS 6:7-8
26. Do I do the work of God in the Gospel Harvest?	2 TIMOTHY 1:6-8
27. Do I practice loving kindness?	JEREMIAH 9:24, 1 PETER 3:8-12
28. Are the things that I am doing to produce faith in my life really working? Are those same things producing faith in the hearts of others in my influence?	HEBREWS 13:7

## Am I A Virtuous Woman?

MY PRIVATE LIFE	
37. Does my husband's heart have reason to safely trust me?	PROVERBS 31:11
38. Am I good to my husband?	PROVERBS 31:12
39. Do I try to usurp authority in our home?	1 CORINTHIANS 11:3
40. Do I give my husband valid reasons to honor me, and do I see the results?	1 TIMOTHY 3:4-6
41. Do I give my husband the benefit of the doubt?	1 TIMOTHY 5:17
42. Do I spend time daily thinking about my husband's needs and how I can best support him?	GENESIS 24:46, PROVERBS 14:1; 31:10
43. Do I have a complementary (to my husband) strategy for my home?	TITUS 2:4-5
44. Do I provide the physical and spiritual sustenance for all in my charge?	PROVERBS 31:27
45. Am I wise in the way I spend our home's resources?	PROVERBS 31:14-15
46. Do I teach our children well by my words and by my example?	PROVERBS 31:25-26
47. Do our children honor me?	PROVERBS 31:28
MY PUBLIC LIFE	
48. Am I diligent about my work?	PROVERBS 31:17
49. Is my life an example of a holiness to the younger women?	TITUS 2:3-4
50. Am I charitable to those in need?	PROVERBS 31:20
51. Do I make provisions (for our family) for lean times?	PROVERBS 31:21
52. Do I adorn myself properly?	PROVERBS 31:30, 1 PETER 3:3-4
53. Do I give my husband the honor & respect he needs, or does he need to seek it elsewhere?	PROVERBS 31:11
54. Am I respected by the leaders in our community?	PROVERBS 31:31

